

MKM LIVE: Monday, June 18

- New Time: Mondays at Noon
- Gratitude Giveaway
 - *You are a Badass* Nikki Barth!
- July Workshop: Two Gingers' Tavern, Cascade
 - Monday, July 9: Free overview 6:00-7:00
 - Monday, July 16, 23, 30: themed workshops 6:00-8:00
 - 16: It's ALL about the Content
 - 23: Facebook 101
 - 30: Intro to Insta and Keepin' it Real
 - Tonight's LIVE at 9 PM
- Challenge from three weeks ago
 - Don't stop just because the challenge ended!



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- Passion-Centered Small Business
 - Imposter Syndrome is a downer
 - You ARE smarter than you think
 - I never thought I was a creative
 - “You’ve got to work harder on yourself than you do anything else” Lindsay Matway, DAIS podcast
 - Seven steps to building a passion-centered small business



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- Step 1: Sometimes your passion is a tap on the shoulder
 - My story
 - Find your passion wherever you are at
 - Stepping stones to your future business



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- Step 2: Never quit learning
 - Maybe a degree
 - BUT
 - Online classes/courses
 - Books
 - Twitter articles
 - Trade school
 - Apprenticeship
 - Mindset Practice
 - Workshops
 - Keystone Habits
 - Run it all through a filter



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- Step 3: Make time
 - Easier said than done
 - You won't grow if you don't devote time to improvement



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- Step 4: Keep a positive, open mind
 - Something I'm still learning
 - Mantra: "no one can do it quite like me"
 - Law of Attraction: the more you give, the more you will receive
 - Manifestation Babe



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- Step 5: Foster your creative side
 - Unplug
 - Do something outside of your business
 - Follow others who you respect
 - Follow other people in your industry



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- Step 6: Take action.
 - None of this will work unless YOU do
 - Put in the work
 - Does not mean working 24/7
 - Implement healthy practices
 - Sharing gratitude
 - Lessening your gossiping
 - Watch less TV
 - Turn off your phone



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- Step 7: Love Yourself
 - Give yourself the gift of grace
 - Give yourself the gift of patience
 - Give yourself the gift of failing forward
 - Give yourself the gift of health
 - Give yourself the gift of being a badass
 - Share your gratitude
 - Molly's story of her bad mood



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- BONUS: Have a pep squad supporting you
 - It is so much easier when you've got people who believe in you
 - Find your tribe
 - Help each other out



MKM LIVE, Monday, June 18: Events

- NEW Mondays live at noon CST
- All summer topics have been released
 - RSVP and add your own questions
- Next Monday, June 25: Instagram 101
- Gratitude series on Insta
 - #mkmgratitude
 - Winner on Mondays at noon in June for a book giveaway
- Social Summer Nights
 - Monday nights in July
 - At Two Gingers'
 - Start with a free session
 - 3 weeks of paid workshops
 - Tonight's brief LIVE to discuss topics & how to register

